

### Crisis Numbers

Mental Health Crisis Line Simcoe & Muskoka	1-888-893-8333 705-726-5033
Ontario Mental Health Helpline – Connex	1-866-531-2600
Suicide Hotline	1-888-893-8333
Telecare Distress Line of Greater Simcoe	705-726-7922
Youth Mobile Crisis Response Simcoe County	1-888-893-8333
Children’s Aid Society Crisis Line	1-800-461-4236
Drug & Alcohol Help Line	1-800-565-8603
Kids Help Phone	1-800-668-6868
LGBT Youth Line	1-800-268-9688
Problem Gambling Helpline	1-888-230-3505

### Addiction Supports

Canadian Mental Health Association	1-800-461-4319
John Howard Society of Simcoe and Muskoka	705-733-0683
Withdrawal Management Facilities (Detox)	705-728-4226
Connex Ontario Drug & Alcohol Helpline	1-800-565-8603
Al-Anon & Alateen	1-888-425-2666
Narcotics Anonymous	1-888- 811-3887
Smokers’ Helpline	1-877-513-5333

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**Canadian Mental Health Association**

15 Bradford Street, Barrie

**705-726-5033**

[www.cmha-mhassc.ca](http://www.cmha-mhassc.ca)

**Krasman Centre**

17 Paris Street, Alliston

**1-888-780-0724**

[www.krasmancentre.com](http://www.krasmancentre.com)

**Catholic Family Services**

Non-denominational supports  
20 Anne Street South, Barrie

**705-726-2503**

**Family Mental Health Initiative**

4 Checkley Street, Unit 304, Barrie

**1-800-324-6275**

[www.fmhi.ca](http://www.fmhi.ca)

**Kinark Child & Family Services**

34 Simcoe Street, Unit 301, Barrie

**1-888-454-6275**

[www.kinark.on.ca](http://www.kinark.on.ca)

**New Path Youth and Family Services**

The Common Roof, 165 Ferris Lane, Barrie

**705-725-7656**

[www.newpath.ca](http://www.newpath.ca)

**Mental Health Consumer Survivor Project**

43 Elgin Street, Unit 101, Collingwood  
[www.mentalhealthandaddictions.com](http://www.mentalhealthandaddictions.com)

**705-444-1844**

**Kinark Child & Family Services**

788 Yonge Street, Unit 3, Midland

**1-800-230-8529**

[www.kinark.on.ca](http://www.kinark.on.ca)

**Wendat Community Programs**

237 Second Street, Midland

**705-330-4059**

[www.wendatprograms.com](http://www.wendatprograms.com)

**Enaatig Healing Lodge & Learning Centre**

334 West Street North, Orillia

**705-330-4059**

[www.enaahtig.ca](http://www.enaahtig.ca)

**National Eating Disorder Info Centre**

**1-866-633-4220**

[www.nedic.ca](http://www.nedic.ca)

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